

MORRO BAY SENIOR CITIZENS, INC.
d/b/a Morro Bay Active Adults... 55+
2025 Annual Membership Dues

- Individual \$20 Household \$30
- Age 70 and over may purchase an Individual Lifetime Membership \$125
- Age 70 and over may purchase a Household Lifetime Membership \$150
- Age 90 and over receive free membership**

Please print

Member #1

Name _____

Address _____

City _____ Zip _____

Phone #1 (_____) _____

Email #1 _____

Birthday Member #1 (month/day/year**) ____/____/____

Check the box if you would like the monthly newsletter sent to both members.

Member #2

Name _____

Must have same address as Member #1

Phone #2 (_____) _____

Email #2 _____

Birthday Member #2 (month/day/year**) ____/____/____

Emergency Contact: _____

Name/Phone

How did you learn about us?

Please make check payable to **Morro Bay Active Adults** and mail it to: Morro Bay Senior Citizens, Inc., PO Box 603, Morro Bay, CA 93443-0603 *Please do not mail cash.* Your new membership card and receipt will be mailed to you..

**** Providing your birth year is optional, but helps our statistical reporting for grants and services provided.**
 12/31/2024

Community Resources:

• **Available to Loan**

The Morro Bay Senior Center has wheelchairs, crutches, walkers, and canes available for loan. Call the **Senior Center Office** at **805-772-4421** to inquire or stop in to see what's available to borrow.

• **Do you need free legal assistance?**

Senior Legal Services has appointments on the first Friday of the month at the Morro Bay Senior Center. Call **805-543-5140 for an appointment**

• **Health Insurance Advocacy Program**

HICAP has **weekly appointments** at the Senior Center. **Call 800-434-0222**

• **Senior Transportation**

Senior Go is a door-to-door, or curb-to curb transportation service that operates from 7:00am to 5:00pm, Monday through Friday and 10:00am to 3:00pm on Saturdays for seniors, 65+, in San Luis Obispo County.

Call **805-473-3333** or online at <https://www.slo seniorgo.org/>

• **Caregiver Support Group**

On the second Tuesday each month the Caregiver Support Group meets at 10:00 AM in the Lounge. The Caregiver Support Group with Cognitive Loss is offered in collaboration with the Alzheimer's Association and Coast Caregiver Resource Center. **Participants must register in advance by calling: 805-536-0279.**

Time is running out!

This will be your last newsletter if you have not renewed your membership by the end of this month. I'm sure you don't want to miss out on all the activities we have going on here at the center. Please renew your membership so you won't miss out.